

## STIMULATION OF THE MEIBOMIAN GLANDS PROTOCOL

#### **BEFORE THE SESSION:**

- Explain the technology and the principle of meibomian gland stimulation to the patient.
- Check for any contraindication to pulsed light.
- Explain about the fees for a session and other fixed prices.
- Ask the patient to carefully read the informed consent form 1.
- Ask the patient to complete and sign the informed consent form **2**.
- Ask the patient to arrive at the session without any cosmetic product on the skin.

#### AT THE SESSION:

- Make sure the patient has no contraindications (in particular, no current treatment).
- Make sure there are no cosmetic products on the skin and if necessary remove them with a fragrance-free micellar lotion 3.
- Mask any moles and other brown spots with patches.
- Put on your patient the safety Eye mask and check their correct positioning 4.
- Apply a generous quantity of gel (minimum 1cm thick) on the lower eyelid (cutaneous flank) and carefully pay attention it does not enter the Eye mask 5.
- Gradually adjust the power as the session progresses depending on the patient's experience and the obtained results **6**.
- Unlock the safety devices 7.
- Put your goggles mask on 8.
- Apply 5 flashes on the left half-face 9, starting from the inner canthus of the eye and ending on the temporal region 10.
- Repeat on the right half-face 1.
- Switch off the machine at the end of the session.
- Remove the gel and rinse the skin 12.

### AFTER THE SESSION:

- Warn the patient that some redness might appear.
- Tell the patient not to have any other treatment on the flashed areas during the entire cycle of sessions.
- Schedule the second session for two weeks later (Day 0 + 15) and then the other sessions at Day 0 + 45 (Day 0 + 75 optional).
- Tell the patient to use sunscreen on the areas flashed when exposed to UV.

























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